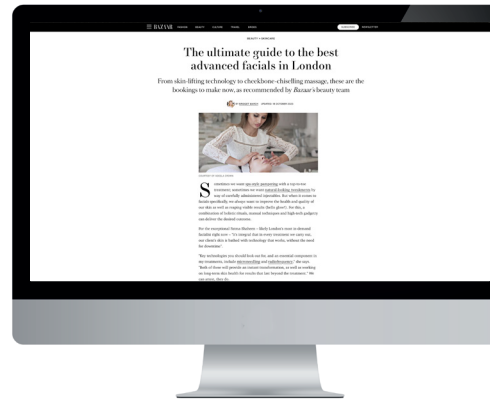


Minimal by Hadda, for top-to-toe sculpting



The ultimate guide to the best advanced facials in London

From skin-lifting technology to cheekbone-chiselling massage, these are the bookings to make now, as recommended by *Bazaar's* beauty team

'Minimal by Hadda' is the professional moniker for Hadda Akrim, the celebrity facialist who takes a holistic approach to skincare. Her belief that good skin starts from within doesn't mean she isn't at the forefront of science and tech though; Akrim employs the likes of cold lasers, microneedling devices and advanced peels to get instant and long-lasting results from her massage-laden treatments. Unlike a traditional facial, an hour in her care is very much a comprehensive experience – and one that's tailored to your personal needs and preferences. For example, you might wear an Slimyonik Air Bodystyler meanwhile, activating your lymphatic system while you rest. Promising body contouring and immunity-boosting benefits, the compression therapy suit stimulates your natural drainage and detoxification processes, so you leave feeling lighter and looking brighter – not to mention sculpted from head-to-toe.

Treatments with Hadda Akrim from £255 at the Minimal by Hadda studio, Knightsbridge, London. Visit minimalbyhadda.com

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